

Cross-Front Asian-Inspired Dress

By Stacy at thelandofka.com

Description

This pattern is for a size 5 cross-front dress. I usually use snaps for the closures, but you can also use buttons or even a frog closure.

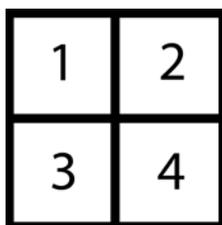
What you need

- 1 ½ yards fabric, you can decide if you want all one color or combined.
- Ribbon or other embellishments, optional
- Snaps, or other closure
 - I will generally use a quilting cotton for this dress pattern. You may need to iron it from time to time, but due to the gathering on the skirt it usually doesn't need it. I have made this with seersucker before and the skirt is extra poofy due to the texture. A good twirly dress. 😊
 - Keep the iron hot and handy. Working with wovens in this pattern you will need to press quite a bit to make the fabric easier to work with and looking nice.

How to Make

Step 1 – Making the pattern and cutting

Print off the pdf pages at the back and attach with tape at the dotted lines in this pattern:



Cut the pattern pieces out and cut the fabric as indicated. You will need to decide which fabric will be on each piece. I like to use the accent fabric for the bottom hem, the middle and the interior lining of the bodice.

In addition, you will need to cut:

- 2 pieces – 18” long x 45” wide (I do the actual width of the fabric)
- 2 pieces – 4” long x 45” wide (same as the fabric above)

Step 2 – Assembly

- Note on seam finishing – With wovens you will need to finish the seams or they tend to fray. The majority of the seams I have used a serger. If you don't have a serger, use a zigzag stitch as close to the edge as you can once you have sewn up the seams. You could also do a French seam (enclosed seam), as well.
1. If you want to embellish the front bodice piece, do this step first. On this dress I chose to add a fabric embellishment using double sided fusible interfacing. Cut it to the size of the appliqué, and iron the pieces where you want them placed on the fabric. Next stitch it with a buttonhole zigzag (very close together) with a tearaway stabilizer underneath it, if desired. Usually for wovens I don't do this, but for knits or fleece it is needed.



2. Sew the bodice pieces at the shoulder for both the lining and the exterior fabric. Press.



- Put the bodice pieces right sides together and sew the seam around the neckline and the arm seam. Do not sew the side seams up.



- Pull the fabric through the shoulder seams so it is right side out. Press.





5. Sew the side seams together. Press.



6. Attach the middle band pieces right sides together with the bodice piece in the middle. Make sure you have an overhang of about $\frac{1}{2}$ " on each side. Start sewing up the side and then across and down the side. Turn right sides out and Press.



7. Sew the 2 skirt panels and the 2 bottom trim pieces together on one end.
8. Take the bottom trim and put wrong sides together and Press.
9. Attach the bottom trim to the bottom of the skirt panels and sew together. Press and topstitch along the seam.



10. On the open ends create a simple ½” fold-over hem. Press.



11. Gather the top edge of the skirt. For a serger, I set the stitch length to 5 and the needle thread tensions between 7-9 (depends on the thickness of the fabric as they gather differently). You can also do that on the sewing machine, but it doesn't do as good of a job as the serger.



12. Place the gathered edge wrong side against the interior top band. Sew and Press.



13. Press the edge on the front band piece, pin in place and topstitch.



14. Add the interior snap flap. Sew it into a tube, with both edges enclosed (I will sometimes cut it on a selvage edge so I don't finish that seam). Then stitch in place where the side seam would go down on the inside of the bottom band. ***Important*** Make sure if you embellished the bodice that you are putting it on the correct side so that your embellished bodice piece will be on top.



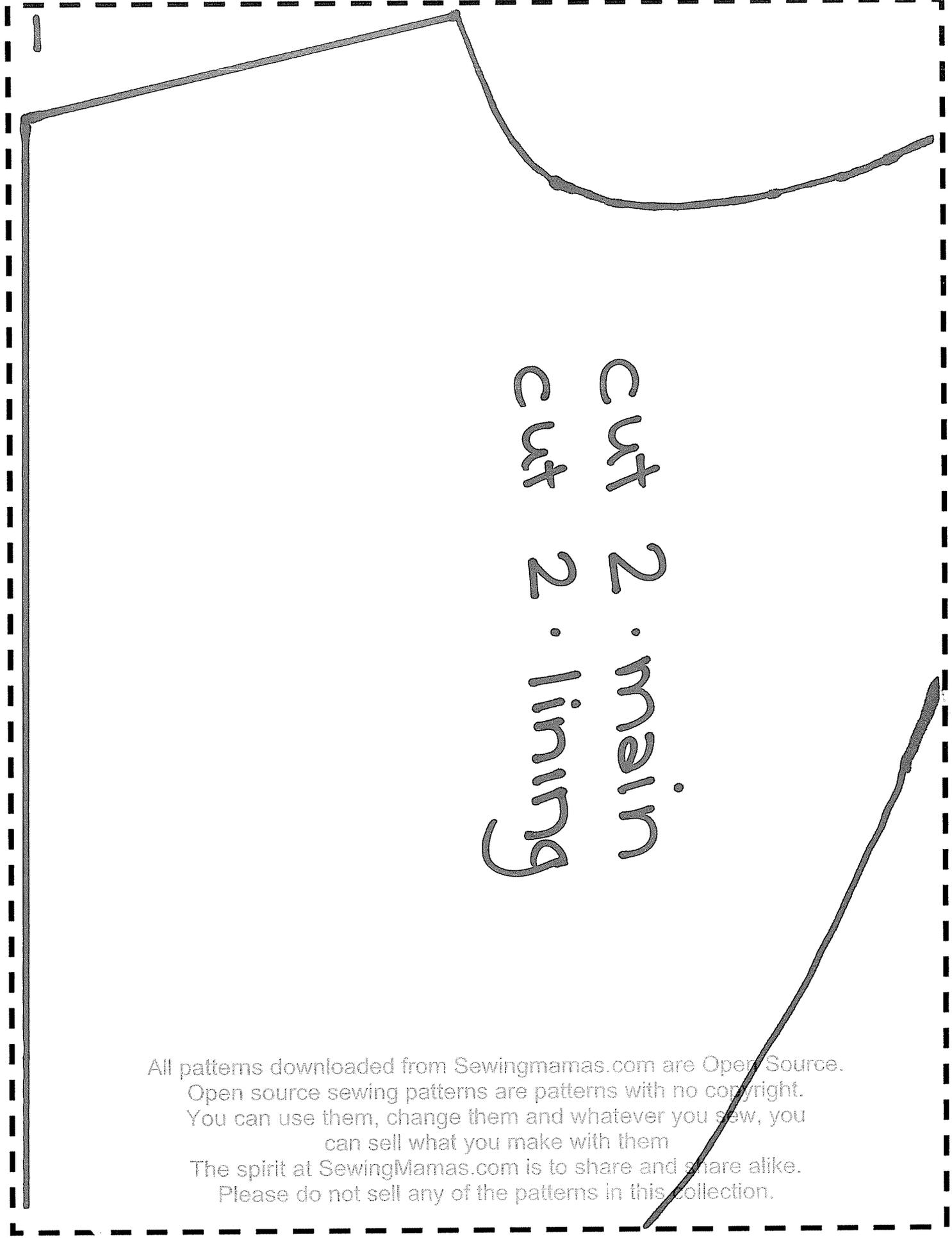
15. Next, add your snaps. Do the interior snap first. Then attach it and make sure the pieces are laying flat before you mark your snap placement. I usually put them around 1.5"-2" apart along the edge.





16. All done!

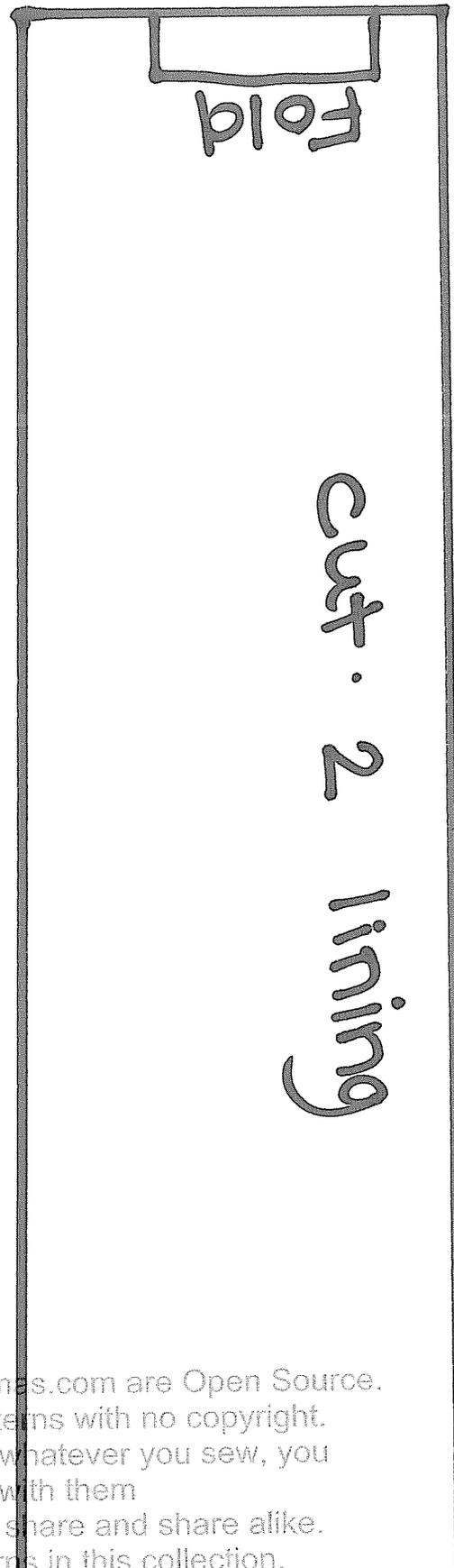
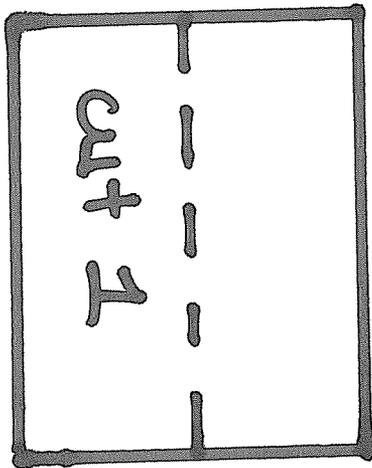
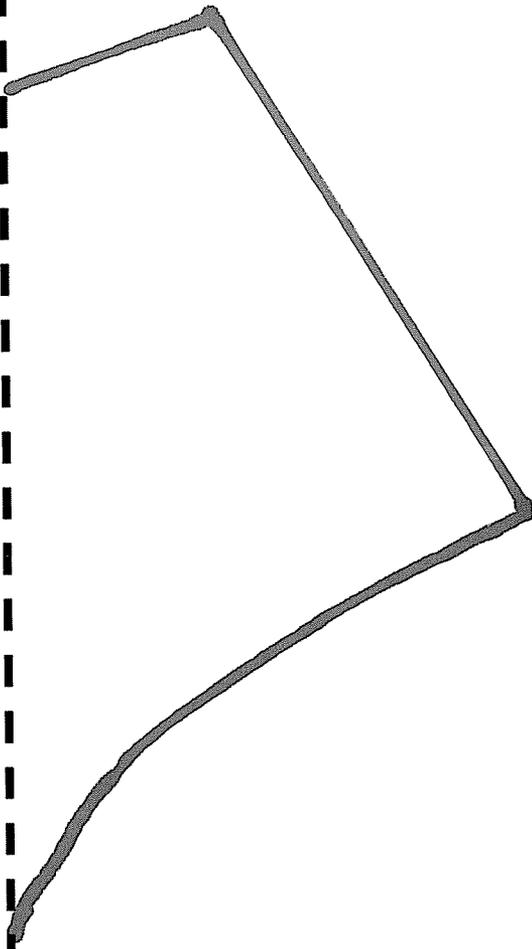




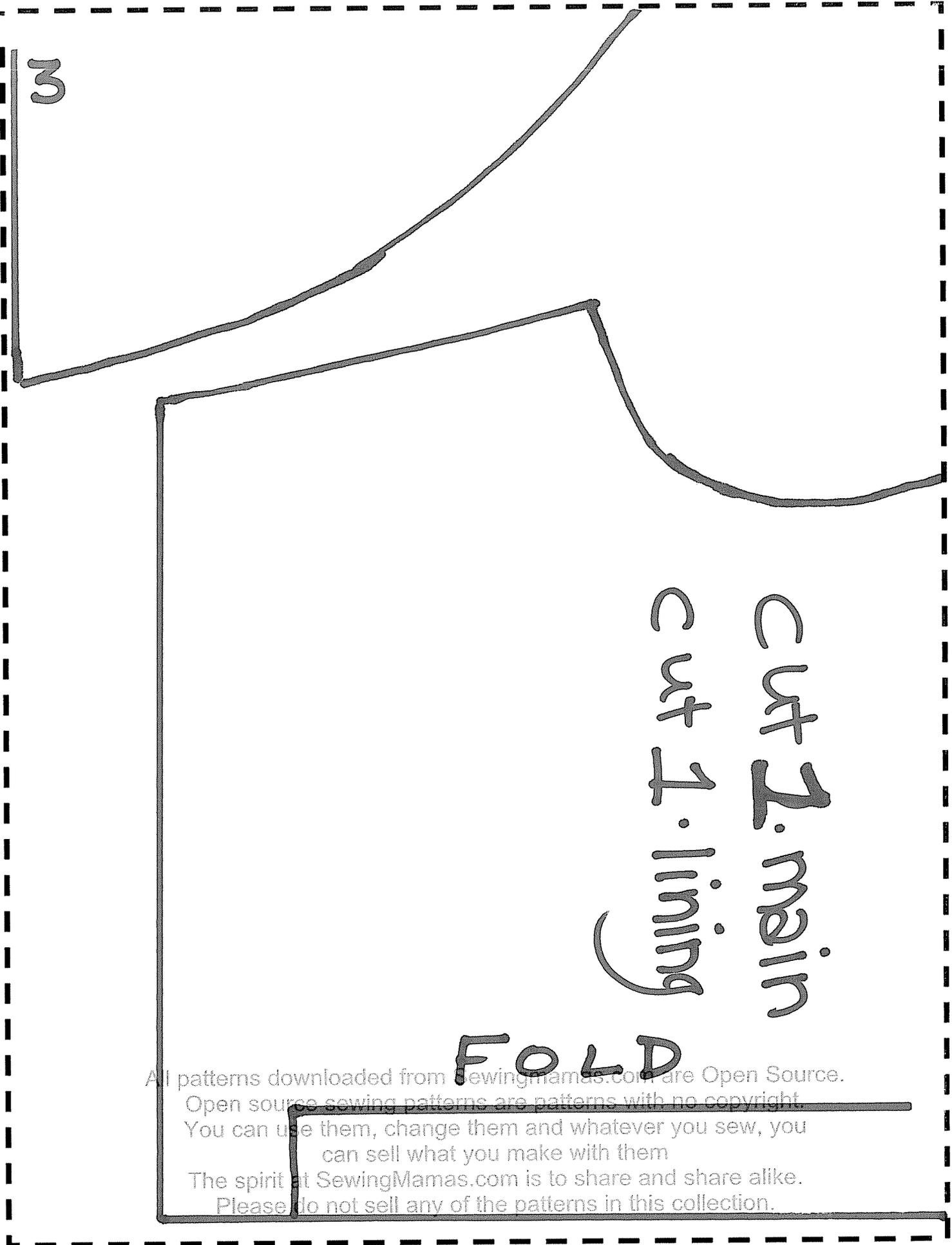
cut 2: main
cut 2: lining

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cut 1. main
cut 1. lining

FOLD

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